

FIRST STEP'S A START

Give yourself peace of mind
and turn your fears away
Embrace your life with the warmth
of sunshine on your face

Though the world seems a whirlwind of hatred
there's just no reason for you to take part
Look in the mirror you'll find a solution
You may fall down but the first step's a start

Harry sipped the last of his gin
the third pint of the day
Unfocused eyes searched the room
for his wife who had passed away

So many people are drowning their sorrows
Killing their spirits and numbing their minds
There's no miracle cure gonna save you
Just straighten up and start towing the line

Nobody said this was gonna be easy
Can't face the storm with your back to the wind
Pick yourself up off the ground and remember
This time you won't get knocked back down again

Alicia had hoped for the best
but it turned out for the worst
Her marriage ended in turmoil
Ten years felt like a curse

She had a dream to live out in the country
to raise her kids somewhere so far away
She sold her ring in a pawnshop in midtown
packed up the car and they're leaving today

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